

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>RL</b>	<b>Games - Basketball</b> Throwing and Catching Simple Dribbling Passing to a Partner	<b>Gymnastics -</b> Motor Skills Movement Patterns and Balance Jumping High and Low movements	<b>Dance -</b> Creating Characters Simple Movements to music Working with a partner Working as a group	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Simple Hit Techniques	<b>Striking and Fielding - Cricket</b> Throwing and Catching in Pairs Throwing to Aim Basic Movements Striking the Ball	<b>Athletics -</b> Running Jumping Throwing Small Competition in Pairs
<b>1</b>	<b>Games - Basketball</b> Throwing and Catching Simple Dribbling Passing to a Partner Attack vs Defence	<b>Gymnastics -</b> Motor Skills Movement Patterns and Balance Jumping High and Low movements	<b>Dance -</b> Creating Characters Simple Movements to music Working with a partner Working as a group	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Simple Hit Techniques	<b>Striking and Fielding - Cricket</b> Throwing and Catching in Pairs Throwing to Aim Basic Movements Striking the Ball	<b>Athletics -</b> Running Jumping Throwing Small Competition in Pairs
<b>2</b>	<b>Games - Basketball</b> Passing Technique Catch Technique Dribbling Technique Passing and Receiving Attack vs Defence	<b>Gymnastics -</b> Movement Patterns and Balance Jumping Foundations High and Low movements Small Apparatus	<b>Dance -</b> Creating Characters Simple Movements to music Working with a partner Working as a group	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Simple Hit Techniques Attack vs Defence Basic Match Understanding	<b>Striking and Fielding - Cricket</b> Throwing Technique Bowling Technique Throwing to Aim Fielding Movement Batting Technique Attack vs Defence Simple Match Understanding	<b>Athletics -</b> Running Technique Throwing Technique Jumping Technique Run, Throw, Jump Events Small Competition In Pairs
<b>3</b>	<b>Games - Basketball</b> Passing Technique Catch Technique Dribbling Technique Passing & Receiving Attack vs Defence	<b>Gymnastics -</b> Movement Patterns and Balance Jumping Foundations High and Low movements Small Apparatus	<b>Dance -</b> Creating Characters and Narratives Link Dance Phrases Awareness of Rhythm Work in a structure as a group Give praise and criticism	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Simple Hit Techniques Attack vs Defence Basic Match Understanding	<b>Striking and Fielding - Cricket</b> Throwing Technique Bowling Technique Throwing to Aim Fielding Movement Batting Technique Attack vs Defence Simple Match Understanding	<b>Athletics -</b> Running Technique Throwing Technique Jumping Technique Run, Throw, Jump Events Small Competition In Pairs

4	<b>Games - Basketball</b> Passing Technique Catch Technique Dribbling Technique Passing & Receiving Defending in a 1v1 Attack vs Defence	<b>Gymnastics -</b> Movement Patterns and Balance Jumping Foundations High and Low movements Small Apparatus	<b>Dance -</b> Creating Characters and Narratives Link Dance Phrases Awareness of Rhythm Work in a structure as a group Give praise and criticism	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Broken Down Techniques Attack vs Defence Match Scoring & Understanding	<b>Striking and Fielding - Cricket</b> Throwing Technique Bowling Technique Throwing to Aim Fielding Movement Batting Technique Attack vs Defence Match Understanding and Awareness	<b>Athletics -</b> Running Technique Throwing Technique Jumping Technique Run, Throw, Jump Events Small Competition In Pairs Competition as a team
5	<b>Games - Basketball</b> Passing Technique Catch Technique Dribbling Technique Passing & Receiving in a Team Situation Defending in a 1v1 Attack vs Defence	<b>Gymnastics -</b> Movement Patterns and Balance Jumping Foundations High and Low movements Small Apparatus Combining Sequences	<b>Dance -</b> Creating Characters and Narratives Improvise and Translate Ideas Link Dance Phrases Awareness of Rhythm Work in a structure as a group Give praise and criticism	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Broken Down Techniques Linking Techniques Attack vs Defence Principles Match Scoring & Understanding Tactics and Awareness	<b>Striking and Fielding - Cricket</b> Throwing Technique Bowling Technique Throwing to Aim Fielding Movement Batting Technique Attack vs Defence Match Understanding and Awareness Tactics within the game to be competitive	<b>Athletics -</b> Running Technique Throwing Technique Jumping Technique Run, Throw, Jump Events Small Competition In Pairs Competition as a team Analysing and evaluating performances
6	<b>Games - Basketball</b> Passing Technique Catch Technique Dribbling Technique Passing & Receiving in a team situation Defending in a 1v1 Attack vs Defence	<b>Gymnastics -</b> Movement Patterns and Balance Jumping Foundations High and Low movements Small Apparatus Combining Sequences	<b>Dance -</b> Creating Characters and Narratives Improvise and Translate Ideas Link Dance Phrases Awareness of Rhythm Work in a structure as a group Give praise and criticism	<b>Games - Volleyball</b> Throwing and Catching Passing to a Partner Broken Down Techniques Linking Techniques Attack vs Defence Principles Match Scoring & Understanding Tactics and Awareness	<b>Striking and Fielding - Cricket</b> Throwing Technique Bowling Technique Throwing to Aim Fielding Movement Batting Technique Attack vs Defence Match Understanding and Awareness Tactics within the game to be competitive	<b>Athletics -</b> Running Technique Throwing Technique Jumping Technique Run, Throw, Jump Events Small Competition In Pairs Competition as a team Analysing and evaluating performances